



N.T. Heung Yee Kuk Yuen Long District Secondary School

Sports (2022/2023)

Activities	Awards	Number obtained / List of prize winner	
2022 Inter-Secondary School Dodgeball Rookie Tournament	Multi-Ball Style – Boys Senior	2 nd Runner-up	
	Single-Ball Style – Boys Junior	3 rd Runner-up	
	Single-Ball Style – Boys Senior	3 rd Runner-up	
Hong Kong Schools Sports Federation Yuen Long Secondary Schools Area Committee Inter-School Table Tennis Competition 2022-2023			
Boys Grade C	Merit	1B 2A 2B 2D	LUI Long-ching CHOW Long KWOK Ka-yin KWOK Siu-fung Alfred
Hong Kong Schools Sports Federation Yuen Long Secondary Schools Area Committee Inter-School Badminton Competition 2022-2023			
Girls Grade C	Merit	1A 1A 1B 1B 1B 2E	KWOK Ching-yeung TU Emily WONG Yeuk-hei ZHOU Cloudy ZHOU Rainy KUNG Ka-ying
Hong Kong Schools Sports Federation Yuen Long Secondary Schools Area Committee Inter-School Athletic Championships 2022/2023			
Boys C Grade 200m	1 st Runner-up	2D	CHAN Lok-hei
Girls C Grade 400m	2 nd Runner-up	2E	LAM Suet-ching
2023 Hong Kong Inter-School(Multi-Ball Style) Dodgeball Championship	First Runner-up	Secondary Girls	
	Merit Prize	Secondary Boys	

Activities	Awards	Number obtained / List of prize winner	
Hong Kong Schools Sports Federation Yuen Long Secondary Schools Area Committee Inter-School Swimming Championships 2022-2023			
Girls B Grade	Champion		
Girls A Grade	1 st Runner-up		
Girls	Overall 1 st Runner-up		
4x50m Girls B Medley Relay	Champion	3B 3C 3D 4D	LEUNG Lok-yiu LEE Vernice CHAN Hoi-ting CHEUNG Hoi-yin Bianca
4x50m Girls A Freestyle Relay	1 st Runner-up	5A 5B 5D 6C 5D 6A	FONG Ngai-tung KO Hiu-ching LO Man-hei WONG Huen-yuet LO Wing-yan (substitute) CHOW Cheuk-yiu (substitute)
4x50m Boys A Freestyle Relay	1 st Runner-up	5A 5C 5D 5D 5E 6C	NG Chun-ho CHAU Pak-yin LAM Tsz-Hin YEUNG Po-tik YU Chak-lai Renny (substitute) CHOI Siu-hang (substitute)
Girls A Grade 200m Freestyle stroke	Champion	5B	KO Hiu-ching
Girls B Grade 200m Individual Medley		4D	CHEUNG Hoi-yin Bianca
Girls B Grade 200m Breaststroke		4D	CHEUNG Hoi-yin Bianca
Girls B Grade 50m Backstroke		3C	LEE Vernice
Girls A Grade 50m Backstroke	1 st Runner-up	5D	LO Man-hei
Girls A Grade 100m Backstroke		5D	LO Man-hei
Girls B Grade 50m Freestyle stroke		3C	LEE Vernice
Girls A Grade 50m Backstroke	2 nd Runner-up	6A	CHOW Cheuk-yiu
Boys A Grade 200m Breaststroke		6C	CHOI Siu-hang
Girls B Grade 50m Breaststroke		3B	LEUNG Lok-yiu
Girls A Grade 100m Backstroke	3 rd Runner-up	6A	CHOW Cheuk-yiu
Girls A Grade 50m Freestyle stroke		6C	WONG Huen-yuet
Boys C Grade 100m Breaststroke		1A	CHAN Yin-nam