

Parents Education Exhibition and Activities

(8 July 2026)

On Parents' Day, 8 July 2026 (Wednesday), our school successfully hosted an exhibition and a series of activities on Parents Education. The event was supported by the Boys' & Girls' Clubs Association of Hong Kong, which provided a wide range of services, including a family and youth support education exhibition, digital literacy education, a stress-relief handicraft workshop for parents, and counseling and case consultation services.

Guided by social workers, parents and students worked together to create mosaic table lamps and phone straps. Through colorful collages and creative designs, they expressed their personal styles while experiencing relaxation and stress relief during the focused process of making art. Parents learned methods of self-care and stress management, while the hands-on crafts offered practical techniques for easing tension. The shared activity also allowed parents and students to connect emotionally through creative artwork, fostering self-healing and strengthening parent-child interaction.

The exhibition also highlighted the core competency of Digital Literacy, promoting the healthy use of the Internet, electronic devices, and social media. One-on-one emotional support, parent-child communication skills, and community resource guidance were provided. The event aimed to help parents gain deeper understanding of adolescent development, support their children's healthy, joyful, and balanced growth, enhance parents' own physical and mental well-being, and equip them with digital literacy skills to nurture students' related abilities and attitudes.



Principal YUEN (2nd row 9th right), Ms. KAN Ho-yan Kylie, PTA Chairperson (2nd row 8th right), Mr. LO Wai-yan, Assistant Principal (3rd row 1st left), Mr. KWOK Wing-man, Assistant Principal (3rd row 2nd right), Ms. KWAN Ki-shun, Assistant Principal (2nd row 2nd right), Ms. YAU Hau-yin (1st row 5th right), Ms. CHAN Suk-ha Karen, PTA Honorary Advisor (2nd row 8th left) and Mr. LAU Chun-mau Stephen, Former PTA Chairperson (3rd row 2nd left) take a photo with social workers, instructors, parents and students



A social worker shares the core competency of Digital Literacy with parents, promoting healthy use of the internet, electronic devices, and social media



Social workers guide parents and students in making mosaic table lamps, using the crafting process to enhance parent-child interaction



Social workers accompany parents in choosing materials to make phone straps, encouraging self-care and healing throughout the creative process



A parent focuses on making her phone strap, experiencing the power of self-healing