

Life-wide Learning Days

(25 June – 7 July 2026)

Our school proudly hosted the ‘Life-wide Learning Days’ from 25 June (Thursday) to 7 July 2026 (Tuesday), engaging students from S.1 to S.5 in a wide variety of activities that combined academics, sports, arts, technology, and civic education. The program was designed to provide students with a holistic and interdisciplinary learning experience.

In the area of academics and moral education, S.5 students attended a Career Planning Seminar to prepare for future studies and career choices, while S.4 and S.5 students gained insights into global affairs through a Distinguished Alumni Talk on International Relations. S.4 students also joined a National Film Appreciation session, and younger students from S.1 to S.3 participated in a National Quiz Competition and a LIN Zexu Film Screening - LIN Zexu: Beyond the Humen Opium Destruction, enriching their civic learning. Additionally, the Family Planning Association Talk on Sexual Decision-Making raised awareness of health and responsibility.

In arts and culture, students showcased their talents in the Inter-house Singing Contest, Tea House Student Matinees, and Inter-house Drama Competition. Creative workshops such as Percussion Performance, Chinese Paper-cutting, and Pressed Flower Coaster Making further enriched students’ artistic experiences.

Technology and innovation were highlighted through hands-on activities, including the Crime Scene Investigation Workshop, Drone Training, Introduction to Swift Coding, and Laser-Engraved Leather Tag Project, encouraging breakthroughs in science and design.

Sports and teamwork were fostered through the National Games Water Sports Challenge Day and the Junior Police Call National Security, Anti-Narcotics & Crime Prevention 3x3 Basketball Training Program 2026, which promoted cooperation and social responsibility. Inter-class competitions in basketball, dodgeball, volleyball, table tennis, football and dodgebee showcased students’ athletic passion and team spirit.

Civic and social education was strengthened through the LIN Zexu Film Screening - LIN Zexu: Beyond the Humen Opium Destruction. Moreover, visiting the Hong Kong Museum of the War of Resistance and Coastal Defence deepened students' historical and national defence awareness, while the English Debating Skills Workshop and K-pop Carnival enhanced their language proficiency and cultural exchange.

Overall, the Life-wide Learning Days successfully cultivated students’ critical thinking, teamwork, creativity, and civic responsibility, embodying the spirit of holistic education.

Whole-form activities are listed as follows:

Activity	Participating Students
Rugby Experience Class	S.1
Sport Stacking Promotion Event	S.1 and S.2
National Games Water Sports Challenge Day	S.2
Crime Scene Investigation Workshop	S.3
Visit the Hong Kong Museum of the War of Resistance and Coastal Defence	
Inter-class National Knowledge Contest	S.1 – S.3
LIN Zexu: Beyond the Humen Opium Destruction — Film Enters Campus	
Percussion Performance	
Junior Police Call National Security, Anti-Narcotics & Crime Prevention 3x3 Basketball Training Program 2026	
Family Planning Association ‘Sexual Decision-Making’ Talk	
National Film Appreciation	S.4
Distinguished Alumni Lecture — International Relations: What Does It Have to Do with Me?	S.4 and S.5
Careers and Life Planning Talk	S.5
Tea House Student Matinees	
Inter-house Singing Contest	S.1 – S.5
Inter-house Drama Competition	

Group activities are listed as follows:

Activity
Drone Training
Inter-class Robot Competition
Dialogue in the Dark
History e-Reading Award Scheme 2026
English Debating Skills Workshop
Rummikub Beginner Workshop
Video Production Workshop
Cross-Curricular Movie Viewing Experience
Kpop Festival
Intra-structure Building Design Competition
Inter-class Basketball Competition
Inter-class Dodgeball Competition

Activity
Flower Coaster Workshop
Pressed Flower Bookmark DIY Workshop
Chinese Paper Cutting Workshop
Laser-Engraved Leather Tag Project
Geography SBA Field Trip
Percussion Workshop
Summer Solstice Model
Endless Fun in Chess
Introduction to Swift Coding
Inter-class Volleyball Competition
Inter-class Table Tennis Competition
Inter-class Dodgebee Competition



S.1 girls immerse themselves in the rugby experience class, showcasing focus and vitality



S.1 boys participate in the rugby experience class, demonstrating passion and commitment



Hong Kong team representative, 1B MO YUNG-Yat Cavan (left), together with the coach (right), demonstrates sport stacking



All students wholeheartedly engage in the cup stacking activity, creating a lively and energetic atmosphere



Students listen attentively to the coach's explanation on how to use the rowing machine, demonstrating a spirit of dedicated learning



Students work together to assemble the surfing propulsion device, showcasing team spirit and vitality



Using daily objects as oars, they experience the joy of land rowing



Students carefully study the skull model, gaining firsthand experience of the details of forensic work



Students immerse themselves in the exhibits, drawing valuable lessons from history



S.3 students and teachers take a group photo outside The Hong Kong Museum of the War of Resistance and Coastal Defence



Inter-class National Knowledge Contest buzzes with energy, with classmates and audience members fully immersed



Students immerse themselves in the screening, reflecting on heritage and lessons from history



Principal YUEN (front row, 6th right), Ms. CHAN So-yu Janet, Chief Inspector of Police, Regional Crime Prevention Office of Hong Kong Island (front row 4th right), Ms. CHEUNG Victoria Howe-man, Member of the Kwun Tong District Area Committee (front row 5th right), together with Division A basketball athletes and students, pose for a commemorative photo at the Junior Police Call National Security, Anti-Narcotics & Crime Prevention 3x3 Basketball Training Program 2026 event



Students concentrate fully during the National Security, Anti-Drug & Crime Prevention Talk, clearly demonstrating a serious and dedicated attitude



Students actively participate in the talk, answering questions related to national security



The 3x3 basketball training program has concluded successfully, with National Security Directors, Division A athletes, and students gathering for a group photo.



Students concentrate on the Family Planning Association ‘Sexual Decision-Making’ Talk, actively reflecting and sharing their views, gaining valuable insights.



Students articulate their choice to refrain, embodying rational judgment and positive values



Campus ambassadors guide fellow students in watching the national film, fostering a warm and engaging environment



Teachers and students actively participate in the National Film Appreciation session, demonstrating great enthusiasm for learning.



Students listen attentively to alumnus Mr. CHAN Shui-fu Andy's speech, engaging in deep reflection on international relations issues.



Students engage wholeheartedly in the CLP Talk, gaining experience and setting life goals



S.5 students take a photo at the Xiqu Centre in the West Kowloon Cultural District



Students connect with theatre staff, benefiting from shared expertise and guidance



Students perform with passion, delivering melodies that resonate deeply



Woody and Buzz Lightyear share the spotlight, as cheers and laughter fill the hall during the Inter-house Drama Competition



Students shine on stage, captivating the audience with true emotions in their songs in the Inter-house Singing Contest



Students watch the Inter-house Singing Contest with full concentration.



Students take part in the Drone Training



Students take part Intra-structure Building Design Competition



Students take part in Dialogue in the Dark



Students take part in Kpop Festival



Students take part in Flower Coaster Workshop



Students take part in Chinese Paper Cutting Workshop



Students take part in Pressed Flower Bookmark
DIY Workshop



Students take part in Summer Solstice Model



Students take part in Rummikub Beginner
Workshop



Students take part in Endless Fun in Chess



Students take part in Video Production Workshop



Students take part in Percussion Workshop



Students take part in Inter-class Dodgeball
Competition



Students take part in Inter-class Table Tennis
Competition





Students take part in Inter-class Basketball Competition



Students take part in Inter-class Volleyball Competition