

Jinhua Ningbo Exchange Programme

(11-15 April 2025)

From 11 April (Friday) to 15 April 2025 (Tuesday), 30 S3 – S5 students, accompanied by Assistant Principal Mr. LO Wai-yan, Ms. HUNG Chi-yan and Ms. PANG Sze-wan, went to Jinhua and Ningbo, observing some natural, historical and cultural sites, and visiting our sister schools in Zhejiang, namely Jinhua High School Affiliated to Zhejiang Normal University (Jinhua No. 2 High School) and Ningbo No. 2 High School. The exchange programme has enriched their knowledge about the history, culture and latest development of the Mainland, strengthened the friendship between Heung Chung and our sister schools, and enhanced the sense of national identity among our students.

On 12 April 2025 (Saturday), we visited our sister school in Zhejiang, Jinhua No.2 High School. Upon our arrival, we were warmly welcomed by the school leaders. Our students were amazed at the large school campus and well-furnished. They visited the newly-established School History Museum and studied the rich exhibits carefully with the detailed introduction by their teachers, through which they had a better understanding of the 70-year history of the sister school. The old classroom setting, textbook and students' manuscripts in the museum all attracted our students' attention.

The school has many state-of-the-art learning facilities. Our students visited its innovative Maker Laboratory and were fascinated by the hands-on experience with various AI tools there. Our sister school also arranged a very rare opportunity for our students to interact with Xizang (Tibet) students. They danced together with the Xizang students and received their souvenirs. This helped them learn more about the life and culture of ethnic minority groups in Mainland China.

On the last day, we visited another sister school in Zhejiang, Ningbo No. 2 High School. Our students exchanged their views on the topic 'The benefits and harms of AI to our life' with their peers in Ningbo, and attended a lesson on the history about the surroundings of the school (Yue Hu).



Principal YUEN (1st row 1st right) sees off our students, Assistant Principal Mr. LO Wai-yan (1st row 2nd left), Ms. HUNG Chi-yan (1st row 1st left) and Ms. PANG Sze-wan (1st row 2nd right) in school, wishing them a fruitful and enjoyable trip.



Assistant Principal Mr. LO Wai-yan (1st row 1st left), Ms. PANG Sze-wan (1st row 1st right) and Ms HUNG Chi-yan (1st row 2nd right) take a photo with students in front of Shuang Long Cave.



Secretary TONG Zhibin (left) from Jinhua High School Affiliated to Zhejiang Normal University exchanges souvenirs with Assistant Principal Mr LO Wai-yan (centre)



Secretary TONG (right) and Assistant Principal Mr LO (left) plant the ‘Sisters Tree’ in the school garden, signifying the friendship and intimate relations between the two schools.



Our students listen to the history about Jinhua High School Affiliated to Zhejiang Normal University presented by the Assistant Principal ZHOU Jianping at its School History Museum



Our students are amazed at facilities and displays at the Maker Laboratory



The visual art teacher teaches our students the technique of traditional Chinese painting, arousing their interest in Chinese traditional culture



We take a group photo with the school leaders, teachers and Xizang students



Our students make friends with Xizang students



Our teachers and students take a group photo at the entrance of Shaoxing East Lake



Our teachers and students enjoy a relaxing boat trip in Shaoxing East Lake



Our teachers and students take a group photo at Luxun Native Place



We visit the Lu Xun Memorial Museum, learning his story



Our teachers and students visit the Ningbo Old Bund, taking a group photo in front of the Ningbo Art Museum.



Our teachers and students visit Nantang Old Street in Ningbo, learning about the cultural heritage and the measures of cultural conservation in the city

宁波市朗元中学师生交流



Principal SHEN Huijun (left) of Ningbo No. 2 High School exchange souvenirs with Assistant Principal Mr. LO Wai-yan (right).



Our teachers and students take a group photo with the school leaders of Ningbo No. 2 High School on the school campus



The students of the two school exchange their views on the topic about benefits and harms of AI in a discussion forum



Our students attend a lesson about the history of Yue Hu conducted by Miss YE Qi



Assistant Principal Mr. LO Wai-yan (3rd right) and Ms. HUNG Chi-yan (1st right) take a photo with Assistant Principal Mr. CHEN Hong (2nd right), Miss YE Qi (1st left) and Mr. JIANG Bing (3rd left) of our sister school, who bid farewell to our teachers.