

**Japan-East Asia Network of Exchange for Students and Youths Programme (2019/2020)
(10 December to 18 December 2019)**

5E YICK Chau-ho was selected as one of the student delegates of the Hong Kong Delegation of the programme (JENESYS) this year. The programme is a youth exchange programme established by the Japanese Government to promote mutual understanding among the East Asia region, and to deepen understanding of Japan. After undergoing six weeks of training, Chau-ho participated in the exchange programme in Japan from 10 to 18 December, 2019.

During the programme, she attended a talk entitled “Made in Japan” – Japanese Culture and Artisan Spirit’, visited Toneyama Upper Secondary School and Ehime Kenritsu Ozu High School, as well as different historical and cultural sites, including Todai-ji Temple, Kashihara-Jingu and Matsuyama Castle. She also visited the Kurukuru Plaza and Ehime University Museum, experienced Japanese hot springs and kimonos and had homestay with a host family. Through this unique and rewarding experience, Chau-ho not only broadened her horizons, but also gained a deeper understanding of Japan.





YICK Chau-ho (seated)



YICK Chau-ho (First on the right)

