

Health In Mind – Youth Mental Health Promotion Programme

Fourteen S.5 students in our school joined a programme called ‘Health In Mind’ co-organised by Health InfoWorld of the Hospital Authority, and “Mindset”, a Jardines’ philanthropy initiative on mental health led by the Jardine Ambassadors.

Through joining the activities of the programme, our students managed to serve those ex-mentally ill persons in Yuen Long district. They organized activities to raise schoolmates’ understanding of mental health.

Our students won the Talent Competition of the programme. Their performance was commended by the adjudicators because it showed the importance of mental health and conveyed the message of acceptance of ex-mentally ill patients. They were also invited to perform the play in the closing ceremony.

5D Lam Tsoi Ying and Wan Hei Long were awarded the Outstanding Student Awards. They were given the opportunities to join the internship of Jardine Matheson Groups during summer holidays.



