

'Growing up under care and fun in Heung Chung'

A programme called 'Growing up under care and fun in Heung Chung' was held by the counselling team in order to help S.1 students to understand more about their personalities, adapt to the school life and build up better interpersonal relationship.

S.1 students had to join a training session on 29 October 2016. Through taking part in the activities, they manage to understand more about the strengths and limitations of their personalities, which enable them to strive for self-acceptance. Many students also learnt about how to build up relationship with peers and adopt a more empathetic attitude towards others.





